



Richmond Peace Education Center

## National Day of Healing - January 17, 2017



With racial divisiveness rising across America, the W.K. Kellogg Foundation (WKKF), together with more than 130 organizations is committed to an emerging Truth, Racial Healing & Transformation (TRHT) enterprise. They are calling for a National Day of Healing on January 17, 2017. The goal is to spur efforts to heal the wounds created by racial, ethnic and religious bias and to build an equitable and just society in which all children thrive. Richmond is fortunate in having many groups committed to justice and reconciliation. January 17, which follows the Martin Luther King holiday, is an opportunity to broaden and deepen our personal and joint commitment.

**To be part of this national movement**

**Share your story of healing on the [www.healingrva.org](http://www.healingrva.org) blog site**

**For those in Richmond, Virginia**

**come to Richmond Hill, 2209 E. Grace Street**

**on January 17 at 7:30 pm**

**for a special interfaith gathering to honor our stories and journey together.**

### 10 things you can do to help heal the Richmond community

1. Talk with your neighbor; or someone of a different racial, religious, or political background.
2. Refrain from re-posting partisan social media posts.
3. Recognize your own biases – we all have them! Try taking the Harvard Implicit Bias Test. (<http://bit.ly/1m808ph>)
4. Focus on *what* is right rather than *who* is right.
5. Resist stereotyping and look for the good in each person.
6. Learn about our racial history: walk the historic Slave Trail and visit the many museums that tell Richmond's story.
7. Read a book about the legacy of racism in this country, e.g. *Just Mercy* by Bryan Stevenson; *When the Fences Come Down* by Genevieve Siegel-Hawley; *Something Must Be Done About* Prince Edward County by Kristen Green; *Trustbuilding* by Rob Corcoran; *Richmond's Unhealed History* by Benjamin Campbell, and other books.
8. Start a small dialogue group in your neighborhood, organization or workplace, and honor the life story that each person brings.
9. Analyze the racial diversity within your neighborhood, workplace, local school, house of worship, etc., and initiate conversations about where and why there might be lack of inclusion.
10. Imagine what a healed Richmond metropolitan community would look like and commit personally to work for racial healing and equity; volunteer with organizations that focus on healing and equity such as Hope in the Cities, Richmond Hill, Virginia Center for Inclusive Communities, Richmond Peace Education Center and others.